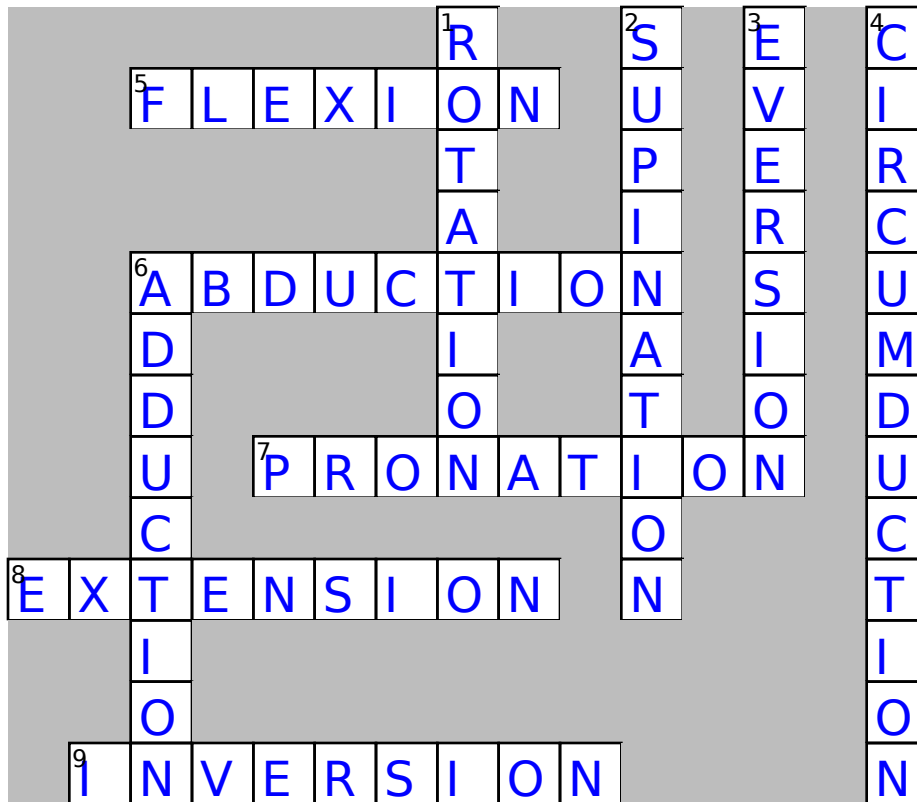


# Body Movements

## Sports Medicine 1



- 5 Across  
process of bending or being bent
- 6 the movement of a limb away from the midline of the body
- 7 rotation of the forearm and hand so that the palm is down
- 8 process of straitening or being strait
- 9 to turn the foot inward toward the midline of the body

- 1 Down  
turning around an axis in an angular motion
- 2 rotation of the forearm and hand so the palm is up
- 3 to turn the foot outward away from the midline of the body
- 4 the act of moving a limb in a circular motion
- 6 movement of a limb towards the midline of the body